



Port Macquarie Basketball Association Domestic Competition Rules 2023

The purpose of the PMBA domestic competition is to provide an inclusive and supportive basketball competition for youth and adults. A place where players and families can learn basketball, life and team skills in a supportive environment.

Our mission is to encourage and support players, coaches, referees and officials at every level of their development from beginner to advanced.

We invite our local community and school teams to participate and contribute to a positive club spirit, and strive to offer a cost-conscious option for friends and families to be active together playing basketball.

Core values

Respect | Commitment | Collaboration | Fairness | Encouragement

The Port Macquarie Basketball Association (PMBA) under the direction of the Domestic Competition Committee will conduct competitions for Junior and Senior teams as described as follows.

Two competitions are held during the year. The dates follow the school calendar, with games not typically played during school holidays. The season was changed in 2022 to be played as follows:

| | |
|--------------------|--|
| Summer Competition | October – April (Term 4 and Term 1 the following year) |
| Winter Competition | May – September (school terms 2-3) |

AGE GROUPS & GAME TIMES

JUNIOR COMPETITION

The age groups are odd age for the start of the Summer competition and revert to even age for the Winter Competition. For the Winter 2023 competition the age groups are as follows:

- U12 – MIXED (players who on their birthday during the current calendar year will turn either 10 or 11) – Played Friday from 4.30pm
- U14 (players who on their birthday during the current calendar year will turn either 12 or 13) – Played Monday from 4.30pm
- U16 (players who on their birthday during the current calendar year will turn either 14 or 15) – Played Wednesday from 4.30pm
- U18 (players who on their birthday during the current calendar year will turn either 16 or 17) – Played Wednesday from 6.30pm

Due to low numbers the girls competition will be played as a Junior Girls competition on a Thursday from 5pm and split into two divisions for players born 2007, 2008 and 2009, 2010 and 2011. Teams will be individually selected and competitions split based on skill and experience level. In 2023 Competition will include short training prior to games.

For players under the age of 10, the national [Aussie Hoops](#) program is offered on Thursday afternoons.

SENIOR COMPETITION

- Women's A and B grade – Played Wednesday
- Men's Premier League – Individually Drafted competition with Team sponsors to be played as a standalone on a Thursday evening.
- Mens A Reserve – Team nominations to be played on a Wednesday evening
- Mens B and C grade – Team nominations to be played on a Monday evening

PMBA does not currently have a mixed-gender competition.

Game times are currently 6:10, 7:00, 7:50 and 8:40pm.

FEES

For 2021, PMBA registration fees for each season are:

| Age group | Game fees (per comp) | Annual registration fee |
|---------------------|----------------------|-------------------------|
| U12 | \$130 per player | \$70 |
| U14/16/18 | \$145 per player | \$90 |
| Senior competitions | \$160 per player | \$11p |

Annual Registration:

Every player must be registered with Basketball NSW. This membership fee is renewed every year based on the date you first register.

Registration is available [online](#). Every player must register with a current email and pay fees before taking the court.

COMPETITION RULES JUNIOR COMPETITION

As PMBA provides competitions for both males and females, players shall play in the competition provided for their gender.

1. Age group rules

- Junior players may play in their age group and up one age group if they want.
- Junior players may play up an age group without playing in their own age group with permission from the Domestic Competition Committee.
- Junior players may not play in the age group below.
- Juniors who wish to play up more than one age division (for example, an U14 player wanting to play in the U18 comp) in a PMBA domestic competition must seek written approval from the Domestic Competition Committee.

- ### 2. Junior teams must have a minimum of seven players. If teams have less than seven players the Competition Committee will assign additional player(s) from the individual player list to assist in balancing the teams.

3. All players need to be registered and fully paid (game and registration fee) before they may take the court.
 4. If there are divisions (Div 1/Div 2) within an age group competition, the Competition Committee will help decide whether teams and or players are playing in the appropriate division. The Competition Committee reserves the right to make changes to ensure the competition is as balanced and fair as possible.
 5. The representative player rule is in place to make sure every player has an enjoyable experience and teams are as evenly balanced as possible. It is highly recommended that all representative players participate in our Division 1 competition and will not be permitted to play in the Division3 competition.
 - Division 1 domestic comp teams - As division 1 is a drafted competition a rep rule will not be enforced as it is anticipated that this will be managed through the draft process to get an even distribution of players abilities. No players however can be added to drafted teams without the consent of the competition committee.
 - Division 2 domestic comp teams - Division 2 teams should have no more than 2 representative players from the 2022 or 2023 season and will not be permitted to play in the development competition.
 6. Representative teams may nominate to play in an older age group or senior division, subject to a written request to the Competition Committee. Junior representative teams playing in the senior competitions on Wednesday nights will have the same eligibility for finals as all other teams.
 7. Representative teams playing up an age group in the Junior competition may be accepted subject to specific application being made to the Competition Committee and approval by the board. Those teams, however, will not be eligible to compete in finals.
 8. All junior teams must supply at least one bench volunteer for every game. The scorebench is responsible for running the scoreboard and scoresheet. If a volunteer is not ready by game time, the game clock will start. The team without a volunteer will be penalised 2 points every completed minute until a volunteer is ready.
 9. Coaches over the age of 18 who are coaching junior players must have a valid Working with Children Check even if you are coaching your own child. This is in alignment with Basketball NSW guidelines.
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COMPETITION RULES SENIOR COMPETITION

1. Senior teams will not be eligible until they have 7 paid members. All players need to be registered and fully paid (game fees and registration fees) before they may take the court. Exceptions may apply and are at the discretion of the Competition Committee.
2. Senior players will be permitted to play in Mens Premier league as well as one of the other lower grades. Premier league teams will be fully drafted with fully timed games on a Thursday evening with uniforms provided by team sponsors.
3. Players cannot play in more than one lower division except if they are 'filling in', in which case a player may only 'play up' a division. (an 'A reserve' grade player can't play in another 'A reserve' grade team nor are they permitted to play in 'B' grade).
4. All Senior teams will be required to provide a referee that will be required to fulfil duty obligations. Team nominations will not be accepted until details of a referee are provided. Where a team referee fails to appear the following actions will be taken.
 - # First offence: Loss of that night's competition points
 - # Second offence: Loss of that night's competition points plus \$20 fine to pay for a last minute Referee replacement
 - # Third offence: Removal from competition for the rest of the season - there will be no refund of fees.

ELIGIBILITY

1. All players are reminded that in addition to PMBA registration fees, they must also be registered with Basketball NSW. Players will be given one week's grace, and any player not paying BNSW registration within the following week will not be allowed to take the court. Should it be discovered that an unregistered player has participated in a game, that team will forfeit their points from that round.
2. No free trial games. All players must be registered and paid in full for insurance purposes before they can play.
3. Players can join a team after the season has started ONLY if there is an available spot. If teams are full, interested players will be added to a pick-up list and may be called upon to fill an opening.
4. All division 1 players, junior girls and Mens Premier League players are to register as individuals and are not required to make up a team.
5. A player can only play in one team within any one age group or senior division.
6. Junior and senior players are only permitted to 'fill in' for a higher division team a maximum of three times in a regular season. In the senior comp, the 4th time a player plays for a higher

division, they will become a permanent member of that higher division team. Junior players will be asked to pay additional fee to play in both competitions.

7. Players must play a minimum of 5 regular-season games with their team before being eligible to play in any finals. A player who has been absent during the competition due to injury, illness or other extenuating circumstances may request to be considered eligible for finals by putting such request in writing to the Competition Committee.

GAME RULES

Except where otherwise provided in these rules, all games will be played in accordance with the rules of the Australian Basketball Federation Incorporated.

Basketball sizes

| Age | Girls | Boys |
|---------|--------|--------|
| U12 | Size 5 | Size 5 |
| U14 | Size 6 | Size 6 |
| U16/U18 | Size 6 | Size 7 |
| Seniors | Size 6 | Size 7 |

1. Games have 4 quarters, ten minutes each and a running clock (with the exception of Mens Premier League which will be 8minute fully timed quarters). There will be a 1-minute break at quarter-time and half-time.
2. Each team may request a maximum of one time-out in each half. The clock stops for all time-outs.
3. The game clock will stop on every whistle in the last minute of the fourth quarter if the margin is 5 points or less.
4. A 24-second shot clock is not used during domestic competitions for either junior or senior games.
5. All substitutions and time-outs must be requested through the scorebench.
6. To encourage playing within their abilities, no 3-point baskets will be awarded in U12 competitions.
7. Games will commence at the scheduled starting time. It is each team's responsibility to fill in the score sheets/tablet and be ready to start at the scheduled time. Any team arriving late will be penalised two points per minute up to a maximum of twenty points for a max of 10 minutes. After 10 minutes, the game will be called a forfeit.
8. Any team is considered eligible to start their game with 4 players present.
9. Players must take the court in each game to be considered as having participated in that particular game. Any player not entered on the score-sheet/tablet before the game's start will not be permitted to enter the court.

10. Where scores for both teams are equal at the completion of the game, a draw will be declared as the match result.

11. Game points are awarded as follows:

| | |
|----------------------------------|----------|
| Win (including a win by forfeit) | 3 points |
| Draw | 2 points |
| Loss (by playing) | 1 point |
| Loss (by forfeit) | 0 points |
| Bye | 3 points |

12. If there's a tie after the regular season, the teams will be ranked from highest to lowest according to for/against percentage.

13. Mercy Rule: If the margin reaches 30 points, the leading team must discontinue any full-court defence (full-court pressure/full-court press), and bring their team back to half-court before applying any defensive pressure on their opponents.

14. 'Zone defence' is not permitted under any circumstance in PMBA junior competitions. A PMBA official such as the court controller or referee coordinator will give one warning. If the team continues to play zone defence at any time during the same game, a technical foul will be given to the offending team's coach or the captain if there is no coach recorded or present for that team.

15. The top 4 teams in each division will advance to a semi-final round.

16. Players are not allowed to wear jewellery, watches, piercings, hard hair accessories or other objects that could cause injury during a game.

UNIFORMS

1. We encourage all junior players to wear blue and white reversible jerseys. A team may purchase jerseys on their own as long as extra jerseys are available. It's advised that you inform the Competition Committee of the team name before printing.

2. Solid dark-coloured basketball shorts **without pockets** must be worn if the uniform is not a complete basketball set. A verbal warning will be issued followed by written warnings for

subsequent breaches.

3. Teams must have complete matching jerseys with numbers front and back. Four game points will be deducted for each player out of uniform for every game where an out-of-uniform breach occurs.
 4. Acceptable uniforms and team names are at the discretion of the Competition Committee.
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FORFEITS

1. A forfeit will be declared if one or both teams do not have the prescribed minimum number of players (4) to begin the game 10 minutes after the scheduled start time.
 2. If a team needs to forfeit, they should email their age manager or competitions@portmacquariebasketball.com.au as soon as possible and at least 24 hours in advance when possible. Penalties apply for not communicating when a team needs to forfeit.
 - First offence: Warning for a breach will be sent by email to the team contact
 - Second offence: Loss of that night's competition points
 - Third offence: \$50 fine
 - Fourth offence: Removal from competition for the rest of the season
 3. In the event of a team fouling out a large number of players during a game, the match will continue until only one player remains on the court for that respective team. A forfeit is then declared, and competition points are allocated accordingly.
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REFEREES

Referees are not to referee games that involve immediate family members (parent, sibling, son or daughter) as player or coach.

BENCH OFFICIALS

1. All junior teams must supply at least one bench volunteer for every game they play. If a volunteer is not ready by game time, the game clock will start. The team without a volunteer will be penalised 2 points every minute until a volunteer is ready.

2. All senior teams will be asked to nominate one player to referee and **one player to bench**, the preceding or following game as per the duty roster. The nominated referee is expected to officiate at least one game each week. If the referee or bench official fail to appear the following actions will be taken:
 - First offence: Warning for a breach will be sent by email to the team contact
 - Second offence: Loss of that night's competition points
 - Third offence: \$50 fine (to be paid prior to the team taking the court for its next game)
 - Fourth offence: Removal from competition for the rest of the season
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BEHAVIOUR

1. The behaviour of all players, coaches, officials and spectators must at all times be in the best interest of the game and in accordance with the codes of conduct outlined by the Aussie Sports Commission.
2. A Zero Tolerance policy is in place for all competitions. All players, parents and spectators are to adhere to this policy.
3. PMBA officials, including the Competition Committee, Referee Supervisors, Court Controllers and/or PMBA Board Members, will deal with reports of unacceptable behaviour.
4. Players who continue to behave in a manner that negatively affects other players, officials and spectators negatively will be asked to leave the competition.
5. Under no circumstances are players to take the court under the influence of alcohol or drugs. Should the court controllers or referees suspect a player has been impaired by drugs or alcohol, that player will be asked to leave the court and the stadium. This also applies to spectators.
6. Smoking is prohibited within the Indoor Stadium.

If a team allows a person to play in a PMBA senior competition without having complied with these rules, its competition points may be forfeited. The PMBA Competition Committee will decide on all matters of eligibility.

Questions regarding these competition rules can be emailed to competitions@portmacquariebasketball.com.au

Last updated April 2023